

School Dance Styles

Association de Danse

STAND BY ME CHA CHA

Count:32 Wall : 4 Level : Beginner
Choreographer : Fransiska Tjhin 07/21
Music : Stand by me by Gold star ballroom orchestra

FORWARD STEP, ROCKING CHAIR, SHUFFLE

1- 2-3 Step LF fwd, Rock RF fwd, Recover on LF
4 & 5 Step back RF, close LF beside RF, step back RF
6 - 7 Rock back LF, Recover on RF
8 & Step fwd LF, close RF next to LF

ROCK STEP, SHUFFLE TURN 1/2 , CROSS STEP

1- 2 - 3 Step LF fwd, Rock RF, Recover on LF
4 & 5 Turn 1/4 RF to R, Step LF next to RF , Turn 1/4 RF to R
6 - 7 Rock LF to L, Recover RF
8 & Step LF fwd RF, Close RF beside LF

ROCK STEP, FORWARD SHUFFLE, ROCK HITCH,TURN LEFT 1/4

1 -2 - 3 Step LF fwd, Rock RF to R, Recover on LF
4 & 5 Step RF fwd, Step LF next to RF, Step RF fwd
6 - 7 Rock LF fwd, Recover on RF, Lift LF with hitch
8 Turn 1/4 LF to L(weight on LF)

TOUCH STEP, FORWARD SHUFFLE

1 - 2 - 3 Toes Touch RF to R, Put RF in place, Close LF beside RF
4 & 5 Step fwd RF, Close LF beside RF, Step fwd RF
6 - 7 Step LF to L, Close RF beside LF
8 & Step fwd LF, Close RF beside LF

Cathy MERIOT - Choréographe / Instructor

106 I chemin des Jardins

83920 LA MOTTE en PROVENCE

tél : 06.61.17.10.82 courriel : cathy.meriot83@sfr.fr

www.countryfriends83.fr